

Dementia Forward's Christmas Jumper Fun Run FAQs



Where does the event take place?

Dementia Forward's Christmas Jumper Fun Run will take place at Fountain's Abbey, Fountains Lane, Ripon, HG4 3DY.

Please use Car Park B and make your way to the main entrance where you will be greeted by a member of Dementia Forward's team to register.

What time is the event?

Registration opens from 8:15am.

Participants should arrive at the start line by 8:45am to take part in the warm up, with the Fun Run officially beginning at 9am.

Please note that the walk from the Car Park to the start point of the route is approximately 10 minutes. Marshalls will be on hand to direct you to the start point.

What is the route?

The route mainly follows the same path as the Fountains Abbey parkrun, please see route map [here](#).

Our starting point will be approximately 300m along this route to begin in front of the Abbey ruins, and completes two laps.

The route is undulating and is run mainly on tarmac paths, with a short section on a wooden bridge.

Is the event accessible?

The event is accessible for prams and wheelchairs. However, please be aware that some sections of the course are hilly.

Please only sign up if you are confident that you will be able to push a wheelchair or pram safely in these conditions.

There is a secondary car park for those with accessibility needs, located by the West Gate. Please get in touch if you will need to use this entrance.

Is the event timed?

No. The event is not a race. The aim of the event is to bring the community together, get into the festive spirit and raise funds and awareness for Dementia Forward.

Who can take part?

Anyone is welcome to take part should they be fit enough to complete a 5km walk or run.

Children must be accompanied by an adult at all times.

Can I fundraise as part of the Fun Run?

Of course! We would love for you to raise sponsorship in addition to your entry fee by asking friends, families and colleagues to support your challenge. You can either set up a fundraising page on [Give As You Live](#) or download a [Sponsorship Form](#) here.

For any further queries about your fundraising, please email amy.senior@dementiaforward.org.uk.

Are dogs allowed at the event?

Yes. Dogs are welcome but **MUST** be well behaved and kept on a short handheld lead.

We will be giving a prize to the best dressed dog, so festive outfits are very much encouraged!

Can Fun Run participants explore the grounds of Fountains Abbey after the event?

Yes. Dementia Forward Christmas Jumper Fun Run participants can stay to explore Fountains Abbey after completing the event.

What is the dress code?

We are encouraging everyone to wear their most colourful and festive Christmas jumpers – or any other Christmas-themed clothing!

Santa hats, Christmas accessories, tinsel and bells are all encouraged. The more festive, the better!

Will photographs be taken on the day?

A photographer will be present on the day.

When you sign up, you will be asked whether you are happy to appear in photographs. If you do not wish to be photographed, we will make the photographer aware.

What would happen in the event of adverse weather conditions?

The route will be risk assessed in the lead-up to the event.

If adverse weather conditions mean that the route is deemed unsafe, all participants will be contacted by email as far in advance as possible. In these circumstances, the event may be postponed or cancelled.

Will there be refreshments available?

The Fountains Abbey café will be open from 10am after the event. Join us here for a well earned snack and hot drink afterwards.

What are the toilet facilities?

Toilets are available to use from arrival and are situated next to Mill Café.

What is the first aid provision for the event?

First Aiders will be present at the event and will be on hand should they be needed.

If you have an accident, feel unwell or require assistance, please alert a member of the Dementia Forward team or one of the marshals.